

Welcome to the October 2020 e-Bulletin from the RCOT Scottish Western Region Committee. These update you between e-Newsletters, each of which is produced 3 times a year.

Features:

Information and Networking Event:

RCOT Scottish Western and Glasgow Caledonian University (GCU) have organised a Zoom event to take place on Thursday 29th October 17:30- 19:00 which is open to all members of the Scottish Western Region. Professor Diane Cox, current RCOT Chair of Council, will be discussing current topics affecting the profession, there will be an opportunity to ask Diane questions and some time for meeting other members in small groups on Zoom. Book your place via Eventbrite: <https://www.eventbrite.co.uk/e/rcot-scottish-western-and-gcu-information-and-networking-event-tickets-122261797327>

Committee Meetings:

Our committee meeting in August was our first ever via a virtual platform (Zoom) and was a great success. 14 people attended -11 committee members, 2 observers and Stacey Abraham, our UK Membership Engagement Officer, who hosted our meeting all the way from London. Thank you Stacey!

Even the luddites amongst us managed to relax and enjoy the evening!

We are now considering ways in which virtual technology can help us reach out to members and will keep you posted on our progress.

Updated List of Committee Members:

From 1st October your Committee is as follows:

- Chair - Rena Findlay
- Vice-Chair/UK Branches Forum Lead - Pamela Bennett
- Secretary - Jess Garvey
- Treasurer - Lesley Monaghan
- Member Activity Lead - Helen Griggs
- Communications Lead - Fiona Byng
- Social Media Lead - Laura Hall
- Co-opted New Graduate Group Representatives - Hayley Hughes/Kelsea Grant (role-share)
- Co-opted Glasgow Caledonian University (GCU) Educator Representative - Katie Thomson
- Co-opted GCU student Representatives - Eilidh Burns/Nora Dempsey/Linda Johnston/Kara Martin/Jennifer Smith
- Co-opted BAOT Unison Representative - Amanda Kelso
- Link with RCOT Scottish Board - Lynsey McKee
- Link with RCOTSS-Neurological Practice, Scottish Western - Paula Gribben

We are delighted to have 3 observers who will be co-opted as they shadow some of the Committee members with a view to taking on the roles which become vacant next year.

New Graduate Group:

Hayley Hughes, one of our New Graduate Group representatives, is offering to host a meeting via Zoom for any members who graduated in the last 2 years who feel they would benefit from some support and guidance. If you're interested, contact Hayley by emailing the Regional email address on: rcot.scotlandw@rcot.co.uk



Online event:

RCOT Specialist Section - Mental Health in Scotland are hosting an online event, open to all, including non-members of the Specialist Section.

Date: Thursday 22nd October
Time: 6.30 – 7.30pm

The event will focus on “*How has Covid-19 impacted on mental health occupational therapy practice in Scotland?*”. Further information from Lindsay Noble at enquiries.cotssmh@gmail.com

Save the Date:

We will be hosting a virtual RCOT Roadshow on the evening of Wednesday May 12th 2021. The event will include our Annual Review Meeting (ARM). Please put the date in your diary, and further information will be made available in due course.

