

## Programme

Time	Event
9.00	Registration
9.20	<p>Opening Address</p> <p><b>Dr Michael Moriarty</b> <i>St Luke's Hospital, Dublin</i></p> <p>Approaches to understanding the mechanisms involved in fatigue associated with cancer and its treatments</p>
9.30	<p><b>Prof. Paul Andrews</b> <i>St George's Hospital Medical School, United Kingdom</i></p>
10.15 - 11.00	Coffee
11.00	<p>Assessment of Cancer Related Fatigue</p> <p><b>Catherine Feheny</b> <i>Fatigue Project Co-ordinator St Luke's &amp; St James's Hospital Dublin</i></p>
11.30	<p>Pharmacological Management of CRF</p> <p><b>Dr Stephen Higgins</b> <i>Research Fellow in Palliative Medicine, Our Lady's Hospice, Harold's Cross, Dublin</i></p>
12.15	<p>Anaemia and Cancer Related Fatigue</p> <p>Speaker to be confirmed</p>
13.00 - 14.00	Lunch
14.00	<p>Diet and Fatigue in Patients with Cancer</p> <p><b>Niamh O'Sullivan</b> <i>Dietician, St Luke's Hospital Dublin</i></p>
14.30	<p>The Role of Cognitive Behavioural Therapy in Combating Cancer Related Fatigue</p> <p><b>Dr Sonia Collier</b> <i>Principal Clinical Psychologist, St James's Hospital, Dublin</i></p>

## Programme

15.00	Activities of Daily Living and Cancer Related Fatigue <b>Leonora Carey</b> <i>Senior Occupational Therapist, Our Lady's Hospice, Harold's Cross, Dublin</i>
15.30	Improving Exercise Capacity in Fatigue <b>Helen Murphy</b> <i>Senior Physiotherapist in Palliative Care, Our Lady's Hospice, Harold's Cross, Dublin</i>
16.00	Personal, Family and Community Resources <b>Frances O' Gorman</b> <i>Senior Social Work Practitioner, St Luke's Hospital, Dublin</i>
16.20	Close

- Admission €50
- Light Lunch will be provided
- Organised by Fatigue Multiprofessional Group St Luke's Hospital Dublin, St James's Hospital Dublin and Our Lady's Hospice Harold's Cross, Dublin